

Please rate your NHS Health Check experience

Now that you have had your NHS Health Check, we are keen to hear about your experience. The survey should take between 5 - 10 minutes to complete. We will not be able to identify who you are from your answers. The results of this survey will help us to make Calderdale NHS Health Checks even better.

1. Where did you have your NHS Health Check carried out?

- My GP surgery
- Other community location
- My own home

2. Were you happy with the waiting list for your appointment?

- Yes
- No

3. Was your appointment at a suitable time for you?

- Yes
- No

4. How did you hear about NHS Health Checks?

- I got an invitation letter
- I got a text message from my surgery
- Advice from a health professional
- I saw an advert or news article
- I heard an advert on the radio
- A friend, colleague or family member told me
- I saw it online

5. "At my NHS Health Check, I felt listened to and I was given advice and information." Do you:

- Agree
- Disagree

6. During your NHS Health Check your current lifestyle was measured. Do you feel any risks were explained in a way that made sense to you?

Yes

No

7. What health advice were you given? Please tick all that apply.

Stop smoking

Maintain a healthy weight

Eat more healthily

Reduce alcohol intake

Be more active

Continue with current lifestyle

I wasn't given any health advice

8. Do you think you will be making healthier changes in your daily life?

Yes

No

Maybe

9. What changes in your daily life have you made since your NHS Health Check? Please tick all that apply.

Cut down/stopped smoking

Lost weight

Eating more healthily

Cut down how much alcohol I drink

Being more active

None

Other

10. Has your GP prescribed you new medicine because of your NHS Health Check?

Yes

No

11. Thinking about your NHS Health Check experience, please rate the:

| | Very happy | Happy | Slightly unhappy | I did not receive it | It did not apply to me |
|---------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------------|
| Invitation Letter | <input type="radio"/> |
| Results printout | <input type="radio"/> |
| Knowledge of staff | <input type="radio"/> |
| Time spent with you | <input type="radio"/> |
| Overall experience | <input type="radio"/> |

12. In your view, how could we make Calderdale NHS Health Checks even better?

The next questions are about you. Your answers will only be used to help to ensure that we are reaching all sections of the eligible population.

13. Are you?

- Male
- Female

14. How old are you?

- 40 to 49
- 50 to 59
- 60 to 69
- 70 to 74

15. What is your ethnicity?

- White British or mixed British
- Irish
- Other White background
- White and Black Caribbean
- White and Black African
- White and Asian
- Other Mixed background
- Indian or British Indian
- Pakistani or British Pakistani
- Bangladeshi or British Bangladeshi
- Other Asian background
- Caribbean
- African
- Other Black background
- Chinese
- Other
- Would rather not say

16. Do you consider yourself to have a disability?

- Yes
- No
- I'd prefer not to say